

GLEN ELLYN PARK DISTRICT HOUSE LEAGUE SOCCER INFORMATION GRADES KINDERGARTEN THROUGH 2ND

Equipment

- Soccer shoes (recommended for safety)
- Shin Guards (REQUIRED)
- All eye wear must be protective (REQUIRED)
- #3 sized soccer ball (REQUIRED)
- Water bottle
- NO jewelry
- Sports attire (NO jeans)

Structure

- 4 v 4 (Kindergarten and 1st Grade)
- 5 v 5 (2nd Grade)
- Eight 4-minute periods: Kindergarten and 1st Grade
- Eight 5-minute periods: 2nd Grade
- No more than five-minute half time breaks.
- Each coach will referee for one half of the game.
- Each child must play one half of the game.
- Rotate players through all positions evenly¹
- One coach on field at a time.

Playing Rules

- Each period, both teams should begin from the six-yard line, alternating possession each period.
- Play should begin with a forward pass.
- After a goal is scored, the restarting of the game should begin from the six-yard line of the team that was scored against.
- Coaches must keep the goal difference to three or less.
- The goalkeeper has possession of the ball when one or both hands are holding the ball. Possession is also any part of the goalkeeper's body on the ball.
- NO SLIDE tackling is permitted.
- NO PUNTING by the goalie is permitted.
- Heading the ball at this age level is discouraged for safety reasons.
- If the attacking team kicks the ball over the end line, restart with a goal kick.
- If the defending team kicks the ball over the end line, restart with a corner kick.
- Substitutions allowed at stops in play.
- NO TROPHIES or awards of any type should be given other than those provided by the Glen Ellyn Park District.
- **ABOVE ALL ELSE, STRESS GOOD SPORTSMANSHIP. THE GAME IS FOR THE CHILDREN!**

¹ UPDATED 8/16/05